



The French Toast Facial

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French toast for your face? I've seen chocolate body treatments before but this is the first time I've seen French toast as a facial treatment. The Asana Spa, which creates treatments for a variety of hotels and spas, has developed the [French Toast Facial](#), a 50-minute treatment that blends Ayurvedic methods with ingredients used to make French toast. The treatment includes organic milk, whole egg and whole grain bread blended with Asana Spa Fresh Maple Syrup to hydrate the skin, Asana Spa Turmeric Herbal Blend, to detoxify and Asana Spa Clove Herbal Blend to help heal blemishes.



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